

August 10, 1989

Bob Lazar

- Lane: Explanation of the subconscious and hypnosis (0-2:30)
- Gene: Discussion of previous session regarding AIDS and (2:30- 4:30)
Tracy's reassurance to Bob that it was OK to talk.
Asking if Lane had read material he was given regarding
UFO's.
- Lane: Subjects to be discussed, religion, Datil etc. (4:30-5:30)
- Bob: Talks about remembering going up and coming back(5:30-6:00)
but nothing in between.
- Gene: Discussion of Bob reading documents and will he recall
regardless of time frame. (6:00-6:30)
- Lane: Mechanics of imprinting, who information is retrieved
from subconscious. (6:30-9:00) Methods of retrieval.
(9:00-10:00)
- Gene: Suggestion for personal hypnosis help.(10:00-11:00)
- Lane: Explanation of mechanics of hypnosis suggestion.
Turns on music. Starts hypnosis suggestions.
Talks directly to Bob's subconscious mind. Suggestion to
go back and remember something about Datil. (11:00-22:30)
- Bob: Talks about conversation that John claims occurred about Datil:
22:30-23:00.
- Lane: Asks specifics. (23:00-24:00)
- Bob: Supposedly there was a message to people who sent the grays here
24:00-24:30)
- Lane: Light and energy (24:30-26:20)
Check for information on Datil or possibility of info.
- Bob: I just remember that John told me I said this. (26:20-26:35)
- Lane: Requests date that reactor exploded at test site. (26:35-28:30)

Bob: I don't remember, its hard to remember. (28:30-28:40)

Lane: How do you remember hearing first about that explosion? (28:40)

Bob: I was reading it. (28:45)

Lane: Do you ever recall talking with anyone about it? (28:50)

Bob: Yeah. (28:52)

Lane: At Work? (28:55)

Bob: Yeah. (28:57) I talked to, umm, Barry about it. (28:59)

Lane: (Silence 28:59-29:30) You've mentioned Barry several times at this work...what is Barry's last name? (29:30-29:32)

Bob: I don't know. (29:32-29:35)

Lane: Did you ever know it that you recall?

Bob: I don't think so.

Lane: So May 1987 is the time the reactor exploded? see how that fits. The light and the energy flow through, your memory, your brain and and just see once again if that seems to fit.

Bob: I'm pretty sure...I cant be that sure.

Lane: Good...you're doing great...May 1987, seems to be the time, the date the reator exploded.

Bob: I think so.

Lane: And back to Barry...do you ever remember seeing his ID badge? Can you describe it to me...what it looked like?

Bob: It had an orange border around it, and written down the side is MAJ and it has 2 light blue stripes and its a white badge with 2 light blue stripes near the top and the back has a magnetic stripe on it and it has a lot more star punches than mine did. Hes got it around his neck with a necklace thing.

Lane: Can you make out his name? Or even a few letters of his last name? Does anything come to mind? You're trying to be 100% correct, you're stretching you're reaching. You're imaging in the work that we do...does anything come to mind concerning Barry's last name.

Bob: I think it begins with a C.

Great.

Anything else some t mind with it?

I dont why I....I can picture the badge...his name on the badge...I cant...ummm...its a weird name like Castenello... it has a Cas then an nt in it...like Italien...

Does it seem to be Italien or Polish or...

I think its Italian

Ok, good...thats great.

I dont know why that is...maybe I don't...(unintelligible) maybe I don't know how to pronounce it..

Thats great. As you think back to the report you read on the reactor or generator explosion, did they announce that there had been an unannounced test...do you recall or remember anything in the material or anyone that you talked to

Yeah they did....when I talked to them about it.. they announced the test.

Do you remember any details

That it was a low yield test and that it was not published before-that.

Is that all the information that you recall or remember?

Yes.

Good. You're doing great. What I would like you to do is go deeper and deeper into relaxation and we'll just keep going deeper and deeper in always in full control always aware accessing even more and more of your memory and now for a moment just let the light and energy flow through...the light and energy is flowing through renewing, rejuvenating, freeing your memory unsealing your memory.

Your thought processes are clear, your memory is clear. Now what I would like for you to do is to go back in your memory go back and access and bring the light to that part of your mind which has recorded the book on religion, that has recorded the information about it what is in it and what it concerns and allow the light to stretch your mind...reach, search, ask and knock for more understanding for more awareness more recall and just describe that book to me, what did it look like?

Its a big book

If you were to give measurement to the size of it without being 100% accurate but just to give us an idea of the size of the book what would its dimensions be for measurements.

8 and 1/2 by 11.

And when you first saw this book where was it in comparison to the rest of the material. Was it in the beginning...in the middle was it the last...approximately.

Well everything was in piles and I was moving everything around.

When did you look at it...early..late?

I think I looked at it almost last...

Good. What were your feelings when you saw that book and directed your attention to it? Did you have any feelings about it? What were those feelings?

I don't want to do it.

Would you like to tell us about those feelings?

No.

Is there a reason why you would like...not to share...

(starts to laugh) I remember there was a poster up on the wall

Posters?

Its got a picture of the disk going off the lake and it says "They're here."

Theres a feeling that goes with that, too, isn't there?

Yeah I can see that real.....

OK. You remember the poster and remember having different feelings about that book on religion. Were those feelings bombarding you did you switch from one feeling to another or was there an overall theme connected to that of wonderment of fear...of the possibilities....

Just different feelings

The light and energy flow through and as it does clearly and concisely remember those feeling will come back. You can describe them in any way you desire even if they seem silly or strange or unrelated...do you consciously desire to find out more about that book

Yeah.

Are you willing to do whatever it takes to find out that information which you consciously desire..even it seems silly or strange...or even if it seems to be blocked sealing the memory...do you desire to stand forth in courage and get those answers

Uh uhh (affirmative)

Tell me about those feelings (Bob appears to have labored breathing)
What did that book represent?

(labored breathing) It was...uhhh...dark....heavy and dark...

Were you curious...did you feel curious about what was in there?

Yeah

Was that the main feeling you had about the book ...was the book threatening in any way?

Yeah

Keep drifting...keep relaxing. Going deeper and deeper in relaxation. The book was threatening. Was it more threatening than the other material?

Uh huh (affirmative)

How do you feel know? Are you threatened by it now?

I'm remembering .

Bring it forth. The light and energy is flowing through. You can recall. What are you remembering.

(heavy breathing)

Is there any reference to the age or pictures of this planet?

(no response)

What is going through your mind at this moment?

Not talking about stuff that I read.

You did read in the book.

No, the book is closed.

Did you access information in that book in any way?

(mumbles one syllable sound...heaving breathing...swallows... faster breathing...squirms in seat...)

What is the answer? Did you access information in that book in anyway?

Thats like a trick question.

You have a superconscious mind. Unlimited. Do have an answer for the trick question?

Yeah.

What is that answer?

(swallows...attempts to speak several times) (long pause)
I know some things...I know that I read some things in the book.

Are you in the understanding of how that was done?

No.

Good. Thats fine. You do have an awareness and understanding of some things in that book. And you have the awareness and understanding that whatever fear remains in the subconscious mind will affect us we cant ignore it, we cant turn our backs on it. Whatever we do not confront will show up in our life and we'll go through every

day and we wont have freedom, we wont have control. You have the choice to confront the fear, you have the choice to confront what threatens you about that book. You are being controlled through and threats, but you consciously know that when you confront it, you will no longer be a slave. Choose. Do you consciously desire to bring forth that information?

Uh huh (affirmative)

You consciously desire to bring forth that information. Now we expect your subconscious mind to carry through. Your subconscious mind has kept you a prisoner, controlled by threats and fear and its overflowed into other areas of your life. It cannot help but do that. But now you consciously desire to confront the fear and the threats and step beyond them into freedom into power into control into being able to achieve your mission on this planet no longer controlled by anyone or anything. What do you recall from that book?

(no response)

Step forth into the light, into the freedom...what do you recall from that book.

(unintelligible) 9pause) They're talking about that it happened a long time ago.

What do you recall about the information that happened a long time ago? (long pause) Dig into it. (pause) Does it concern the creation or evolution of the planet or of the race that we know? Where they any specifics or was it an overview?

No, (they dont work with specifics).

Were there any dates that were mentioned that you recall?

Yeah, the dates were really strange.

Could you relate to them? Or was it a different reference to time than what we normally....

Yeah, they were all 6 digitsI don't know what they were doing with that....

The 6 digits seemed to be registering time periods where dates, chronological periods?

Yeah,

Do you recall the information that went with any of these recorded digits?

There were...uhhh...a date that...there was a conversation..

Conversation between what parties?

I dont know who the guy was they were talking to. (pause)
(laughs, highly amused)...but I bet he thought they were God.

Say once again?

I bet that he thought that they were God.

Was one of the parties a grey or a kid or an alien?

Yeah, I guess there were a few greys.

Do you recall what the date of this conversation was?

Everything around that time was like 1623 were the first 4 digits
everything around that time was in there....I dont remember the
last two (sounds also like 'three') Its almost like a timetable.

Did you have any other references in the material that you read or
had access to that would tell you or give you an idea of the man that
was being contacted, the earth man. What time period did he live
in?

Oh, it was a long time ago. A long time ago.

Something that might be categorized as a....a...

(Interrupts...amazed..) Half the book is upside down...half the book
is printed upside down...it has 2 front covers.

No beginning and no end.

No, it does. It had the 2 cultures in there.

2 cultures? How would you explain that? And what about the
2 cultures that it concerned...what about the cultures?

(mumbles ...long pause)

What else do you recall?

(long pause) A lot of things that I don't understand.

A lot of things that are interesting? Like what?

About some people that they put here, put people here

Were these people integrated in our race of man?

Yeah. But they lost track of a couple of them.

And what was the significance of those being tracked?
Do you have any information on that?

Yeah...they were put in different parts of the world...and they lost track of 2...and theres a lot of pages devoted to them.

Were these the greys?

No.

Who was it that put several of their kind here and integrated them?

The greys put them here, but they wern't greys.

Who might they have been, where might they have come from?

I don't know.

Was there information on where the greys were from?

Zeta Reticuli. The star system there. Its the second star.
Reticulum 4.

In those, all of those pages devoted to the two they lost track of did you get a summary, feeling or understanding that went with that of who they might have been or what they might have accomplished.

They're supposed to be some kind of messangers, and I was reading about the one in the middle east...they wern't sure whether he was killed or what happened to him. But they were all supposed to organize and pacify.

Organize and Pacify?

Yeah.

Do you know for what purpose.

Thats just what they wanted.

OK.

Does the memory of Sol 3 come to you.

Yeah.

What is connected with that.

Thats.....earth. That was their title.

And that was their reference to earth.

Whats drifting through your mind now?

The drawings.

Tell me about those drawings.

There was drawings of people. I dont know if they were drawings. Maybe they were pictures. Of how they looked. And they..they were dressed..they had like ponchos. They had pictures of where they lived and stuff. It was like a house with the corners cut off to see how the house was built, like how the walls stand up like a cutaway drawings. And if you tilt the page you could see different levels and if you turn the page the light hits it different its a weird picture, its really cool.

Was there any mention of the future of whats in store for this planet.

Just the schedule of time for this group to come back.

Did that time mean anything to you. Do you recall that time?

No, I don't think so.

OK. Was there any mention of the Christian God or of mankinds God.

Of Jesus. He was one of the guys who did not get lost.

One of the guys that did not get lost. What else was said of Jesus?

There was a lot of stuff.

Is there any enlightning information that we are not aware of at this time concerning Jesus, or anything else?

Yeah, theres lots of stuff.

Did it mention others like Jesus that had been planted here?

Yeah, before.

Do you recall

Ahaha or Ana...

OK. What else is going through your mind.

Just trying to remember...

Keep relaxing, outside noises cannt possibly disturb you...
Speak free, you can recall more and more and more. (long pause)
Can you recall any catastrophic times that were mentioned,

Just before the turn of the century.

Which century?

2000.

Where there any details that you recall? Or were the greys to be involved?

Yeah.

How were they to be involved?

They do something.

Were the people that were planted here, were they placed here as adults, were they crossbred, was there artificial insemination?

Theres a genetic difference.

Do you know what its attributed to.

It was induced.

Any more information on how the genetic difference was induced?

(mumbles) I DON'T REMEMBER.

Any information on why they interested in earth? Whats in it for them?

I don't know.

Did it appear that they were playing games, that they were here to help us evolve?

They weren't playing games...they spent too much time
(I have no idea)

The feeling that you got was it for the benefit for the masses of mankind or was it for their benefit.

I think it was for their benefit.

So they were just on a mission....for their benefit. (Long pause) Was their a title on that book. (Pause) Do you recall them mentioning life on any other planets besides earth and the planet of the grays? (Pause) Did you read anything about life after death...that explained..or an opinion given?

(several inaudible words)...I think they did talk about that.

What do you recall...what.....do you recall about that information.

(That)..it was real important.

Was that in anyway connected with why they came here....

Containers...they called them containers..

What did they call containers?

They called us containers. (Long pause) Uhhh....that...made me feel weird.

Was it as if we were containers of souls?

I think they didn't want us to hurt ourselves.

Do you think that was the very motivation why they put people on this planet.

I don't know.

What else comes into your mind.

(mumbles)

Were you aware of any mention of them collecting or needing souls or containers.

Containers...(pause)...really hard to get...

What was their need for these containers?

I don't know.

Were we hard to get.

Yes.

What processes did they use to get their containers that they needed.?

I don't know.

Whats going through your mind at this time.

Just thumbing through the pages.

Did you receive more information about souls in containers than what you've told us.

Yeah...I don't want to talk about that...

But you do recall and remember?

(mumbles)

What was so alarming...what information was so alarming...so disturbing

(mumbles)

If we don't confront it the fear will do us in. Confront that information. Within your own mind you will be able to recall and remember this information concerning souls and containers...this information will remain with you. You will be able to access it when you desire. When you consciously desire. This information will be with you always. (Pause) Did you read something concerning the origination of earth man?

Yeah.

What is our origination?

(There) (was) a long process.

Could you summarize it.

It was an externally corrected evolution.

And was it the grays who did the corrections.

Yes. There are 65 corrections.

In any of the information that you read was there anything about earth man that the grays feared...any accomplishments we could achieve... any powers powers or latent powers that we have....did you..

There's a lot of stuff...their afraid of everything.

After all of the corrections were made..those 65 corrections...was the end result man being good containers?

Yeah.

The grays fear us...are they afraid they won't be able to use our containers.

They should have long ago.

What is it that is their greatest fear...was there anything having to do with free will, choice, thought processes or thinking....?

Its our thinking.....should have...shouldn't have developed higher thinking and technology...thats why most of the brain was... isn't used...its supposed to be contained...we shouldn't have been able to...develop...(the) (chur) operating portions like....

Drifting....relaxing...does anything more come into mind having to do with Gods or life after death...or any combination thereof? (Long pause) What I'd like for you to do now...is to just go through the pages of your memory and see if there is anything that you feel is significant which you would consciously desire to know about yourself or to share with us. Is there anything that comes to mind that seems significant and I know there are many many things that you have been exposed to...does any one thing in particular come at you as you look through those pages. (Long pause) Does anything in particular come to mind right now?

No.

Good. Just keep drifting. Keep relaxing., Keep going deeper and deeper into relaxation. Why were the pictures of the earth over ten thousand years old referenced, why were they in there?

I can't talk about that.

But you have the awareness and understanding and if you choose you can access that information...is that correct? If you have the desire. This memory will stay with you. It will come when you are ready to share. The Pcole that were planted here, are there any here in this state that you are aware of.

(mumbles uh-uh) (shakes head side to side, negative)

Are any of them at S-4?

(shakes head side to side, negative)

What about the grays? Are there any still here..or when did they leave?

There's one.

Whats his name?

I don't know if he has a name.

Where is he?

He's at S-4.

Have you met him?

(Shakes head side to side, negative.)

Have you met anyone who has, that you are aware of?

I think I saw him. But I....(unintelligible).

When did you think that you saw him?

When I was walking down a hall....(unintelligible)

Did anyone...were they aware that you may have seen him.

I don't think so.

Did he look back at you or notice you?

No.

Why is he still here? (Pause) Can you describe what you recall and remember when you walked down that hall and looked in the window even if you're not 100% sure or it wasn't totally clear...describe what you did see and what you do recall and remember.

I thought it was the back of him...he was facing two guys...

And the two guys were they military or scientists...

Scientists...

Did you recognize either of the scientists...did you remember seeing them before or since

They were too far away...

Why did the other guys leave...you say there is one still here... why did the others leave? Did it have to do with the conflict in 1979?

That's what I think...but I don't know...

Why did the scientists have to die? (Pause) Just keep drifting just relaxing keep going deeper and deeper into relaxation...and now just go deep within yourself...deep within your own peace and feel relaxation...feel the stress and strain lifted. Did you recall in any of the information a base being on the dark side of the moon? Is there anything mentioned in that book or in anything else in any other way...in the book? Does anything concerning that base come to mind right now.

I don't think so.

Regression wrap-up.